

Self-Directed Learning

- What is my personal vision?
Who do I want to be in the future (ideal self)?

- How do I currently perceive myself? How do others perceive me?
Who am I today (real self)?

- What are my strengths (where my ideal self and real self overlap)?
What are my gaps (where my ideal self and real self differ)?

- What should be my personal learning agenda?
Does it build on my strengths while reducing my gaps?

- Does this learning agenda help me to fulfil my medium-term personal goals?
Will this learning agenda lead me towards my personal vision?

- What specific actions do I need to take to put this plan into action?
When will I commit to taking these actions?

- Where do I have or can I develop trusting relationships with other people?
Can these people support and challenge me to change my behaviour?

From Richard Boyatzis



My Personal Learning Agenda

Is your plan SMART - specific, measurable, achievable, relevant and time-based?