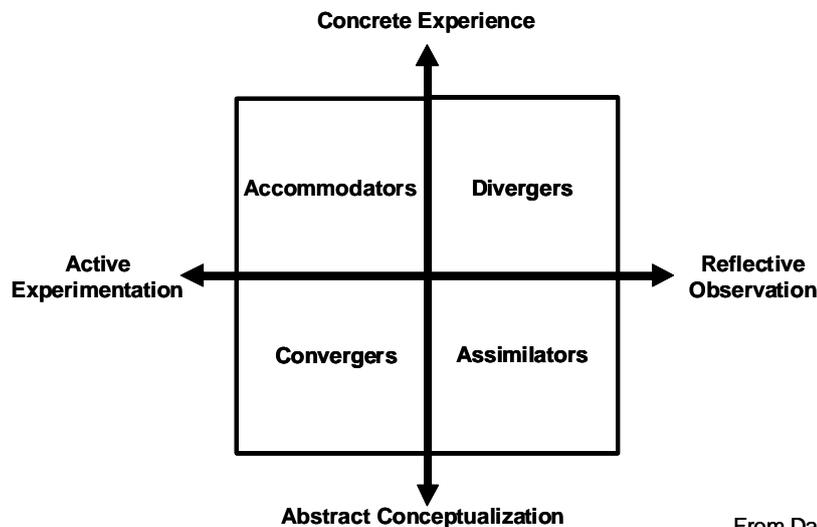**Kolb Learning Style Inventory LSI®**

The Kolb Learning Style Inventory LSI® is an assessment instrument designed to measure your preferred approach when perceiving and processing information or, to put it simply, when learning.

David Kolb first published his model for understanding learner preferences or 'learning styles' in his 1984 book 'Experiential Learning: Experience as the Source of Learning and Development'. The model gave rise to related terms such as Experiential Learning Theory (ELT), and the Kolb Learning Styles Inventory (LSI). Kolb's model looks first at learner preferences for perceiving or taking in information (experiencing versus thinking) and then at learner preferences for processing information (doing versus reflecting). Thus we have two preference pairs for these functions of learning;

➢ Concrete Experience - (Feeling / Experiencing)
➢ Abstract Conceptualization - (Thinking)
➢ Active Experimentation - (Doing)
➢ Reflective Observation - (Watching / Reflecting)

Next Kolb's model combines the preferences for perceiving and processing information to define the four 'learning styles', (each representing the combination of two preferences as illustrated in the matrix below), for which Kolb used the terms; Diverging (Experiencing and Reflecting), Assimilating (Thinking and Reflecting), Converging (Thinking and Doing) and Accommodating (Experiencing and Doing).

From David Kolb

Kolb suggests that different people naturally prefer a certain single different learning style. Various factors influence a person's preferred style: innate preferences, childhood experiences and parental or other role-models, schooling and further education, early professional and personal experiences. They may however actually learn best when engaging in all four styles to stretch their own thinking.

The Kolb Learning Style Inventory LSI is used to help people understand how their learning style impacts upon problem solving, teamwork, handling conflict, communication and career choice. It can help trainers and facilitators to strengthen their overall design and delivery capabilities and create more effective and balanced learning experiences for their participants.

The Kolb LSI® is a self-scoring, pen and paper, easy-to-use, statistically valid and reliable instrument.

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