



Nothing great was ever achieved without enthusiasm.

Ralph Waldo Emerson

Katariina Benedetti - Consultant

Katariina Benedetti is a half Finnish half Italian and Singapore based trainer and consultant. She is interested in organizational and individual development. Her area of expertise is change management. She has acquired work experience as a facilitator and trainer in Europe and Africa.

Katariina's own personal background and living in different countries throughout her life has given her a particular sensitivity in approaching issues regarding change and cross-cultural interactions. She moved to Singapore with her family in 2008 and enjoys the challenges that Asia is offering her.

Katariina has a master's degree in International and Diplomatic Studies from University of Trieste, Italy and another in Humanitarian Assistance, NOHA Programme, University College Dublin, Ireland. She is a certified facilitator for the Four Rooms of Change, a theory on change and what happens to people and organizations when they go through change. It is one of the most powerful tools in managing change due to its simple and straightforward approach, tackling different issues with a democratic and dialog-driven stance and showing results and challenges openly.

Katariina's friendly and solutions-oriented attitude has one goal: to make a difference in people's lives by supporting people in taking matters in their hands, taking responsibility and putting their acquired knowledge into action.

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